

Ethics Committee

OPINION N^{ER} 08-CIDESD-2011

In accordance with the ethical principles of the World Medical Association's Declaration of Helsinki, in what concerns research involving human subjects, the Ethics Committee of the Research Centre in Sports and Human Development (CIDESD) issues the following opinion:

- a) The project "*Physical activity in adults and older adults measured by accelerometry - Influence of age group, gender, period of the year, and weather conditions*" under the orientation of Professor Paula Mota, complies with all ethical aspects established in the Helsinki Declaration¹, which were recently described by Harris and Atkinson (2009)².

Because it was asked of me and approved by unanimity in the meeting of February 4th 2011, I hereby sign this opinion as Director of CIDESD.

Vila Real, 4th February 2011



Centro de Investigação em Desporto, Saúde e Desenvolvimento Humano
Research Centre in Sports, Health and Human Development

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¹ Declaration of Helsinki. World Medical Association at <http://www.wma.net/e/ethicsunit/helsinki.htm>

² Harris, D., & Atkinson, G. (2009). International Journal of Sports Medicine – Ethical Standards in Sport and Exercise Science Research. International Journal of Sports Medicine, 30(10), 701-702.