**Original Article**

**Title:**

*Barriers for physical activity in overweight adults*

**Short title:** Barriers to physical activity

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**Contribuição dos Autores**

Cassiano R. Rech and Edina M. Camargo were responsible for design, data collection, and analysis and critic review of the text. Milena Almeida and Renata S. Bronoski participated in data collection, literature review and final review of the study. Nilo Okuno and Rodrigo S. Reis attend the final review of article.

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